

**Byron-Bergen Central School District
Instructional Pacing Guide
May 18th - 29th**

Grade Level/ Courses: **SPECIALS for UPK - Grade 2**

Monday, May 18th	Tuesday, May 19th	Wednesday, May 20th	Thursday, May 21st	Friday, May 22nd
<p>PE</p> <p>Meditation Monday</p> <p>The links below are examples of yoga videos or you can simply search “kids yoga” using Youtube</p> <p>Great for younger kids: Cosmic Kids Yoga</p> <p>Good for older kids and adults: FitnessBlender Yoga Videos</p>	<p>ART</p> <p>Create a found object drawing! Find some interesting object in your house that reminds you of something else. You will need your object, paper and a pencil to start. Watch the video to learn how!</p> <p>https://youtu.be/0Nt8C0xbDDI</p> <p>Share your results on FlipGrid the grid is coniglioart the password is BirdsRule! , twitter @mrsconigs or email mconiglio@bbschools.org</p>	<p>PE</p> <p>Walk/ Jog Wednesday</p> <p>Take a 15+ minute walk and/or jog outside or inside depending on weather</p>	<p>MUSIC</p> <p>“The Beat Goes On”</p> <p>Have some fun exploring with beat and rhythm with Drumbit. It is a very easy to use drum machine. You can choose from various drum kits, create and edit your drum patterns. It’s great for all ages (parents too 😊)</p> <p>https://drumbit.app/</p> <p>If you’d like to see a demonstration on how to use the app, click the link below.</p> <p>https://www.youtube.com/watch?v=vaSpdQYtwWo</p> <p>If you created something and you want to share it out, either email or reach out with flipgrid. I’d love to hear a title of what you created and what you</p>	<p>PE</p> <p>Fun Friday</p> <p>Fortnite Fitness: https://www.youtube.com/watch?v=4v6Zcc1_tR0&t=18s</p> <p>GoNoodle: https://family.gonoodle.com/</p> <p>Pick your favorite Just Dance Video and bust a move</p> <p>For some sport skill and fitness development search primecoachingsports.com. The homepage has excellent “How to Teach” videos that will assist in developing your child’s fundamental and some sport specific skills as well as fitness routines. The site is designed for elementary students. Prime Coaching Sport can also be found when searching on YouTube.</p>

			<p>thought of the app. ktischer@bbschools.org</p> <p>Flipgrid http://www.flipgrid.com/beesmusic</p>	
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Monday, May 25th	Tuesday, May 26th	Wednesday, May 27th	Thursday, May 28th	Friday, May 29th
<p>MEMORIAL DAY</p>	<p>IBL</p> <p>Try one or more of the activities below. I would really enjoy seeing your results! cschroth@bbschools.org</p> <p>I Spy a Bug Activity</p> <p>Look for insects or bugs on your property. (You will need a warm day.) How many insects can you count in your yard? Draw a picture of one of the insects that you spotted. Make a list of the bugs that you found.</p>	<p>PE</p> <p>Walk/ Jog Wednesday</p> <p>Take a 15+ minute walk and/or jog outside or inside depending on weather</p>	<p>ART</p> <p>Make a silly bag face for your next Google Meet! You will need a large brown paper bag, a pencil, scissors, and crayons. Watch the video to learn how!</p> <p>https://youtu.be/FWKWJP-v100</p> <p>Have someone you need to celebrate? Create a paper bag crown or hat! You will need a large paper bag, scissors, a pencil, scrap papers, glue, and crayons or markers. Watch the video to learn</p>	<p>PE</p> <p>Fun Friday</p> <p>Fortnite Fitness: https://www.youtube.com/watch?v=4v6Zcc1_tR0&t=18s</p> <p>GoNoddle: https://family.gonoodle.com/</p> <p>Pick your favorite Just Dance Video and bust a move</p> <p>For some sport skill and fitness development search primecoachingsports.com. The homepage has excellent “How to Teach” videos that will assist in developing your child’s fundamental and some sport specific skills as well as fitness routines. The site is designed for elementary students. Prime Coaching Sport can also be found when</p>

	<p>Color Changing Flowers Experiment</p> <p>Observe how important stems are to flowers. Change the color of your flowers by using food coloring in water. This experiment works best with carnations, daisies, hydrangea, and Queen Anne's Lace. However, you can try with other flowers in your yard. An adult will need to help cut the stems.</p> <p>https://www.stevespanglerscience.com/lab/experiments/colorful-carnations/</p>		<p>how!</p> <p>https://youtu.be/V-QncuH7PEw</p> <p>Share your results on FlipGrid the grid is coniglioart the password is BirdsRule! , twitter @mrsconigs or email mconiglio@bbschools.org</p>	<p>searching on YouTube.</p>
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